

Basic Testing Requirement Guidelines

* all colored belts must compete in at least 1 tournament a year

White Belt*	Yellow Belt	Orange Belt	Green Belt	Blue Belt	Purple Belt	Brown Belt		
<u>Ku Kyu</u>	<u>Hachi Kyu</u>	<u>Shichi Kyu</u>	<u>Roku Kyu</u>	<u>Go Kyu</u>	<u>Yon Kyu</u>	<u>San Kyu</u>	<u>Ni Kyu</u>	<u>Ik Kyu</u>
Terminology Dojo Rules (1-2) Count (1-10) Basics Pinon 1	Terminology Dojo Rules (1-5) Codes (1) Count (1-20) Basics Pinon 1 & 2 Seisan Kata	Terminology Dojo Rules (1-10) Codes (1-2) Count (1-30) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata	Terminology Dojo Rules (1-13) Codes (1-3) Count (1-40) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata	Terminology Dojo Rules (1-15) Codes (1-4) Count (1-60) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata	Terminology Dojo Rules (1-21) Codes (1-6) Count (1-80) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata	Terminology Dojo Rules (1-21) Codes of Karate Count (1-100) History Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata Ku San Ku Kata	Terminology Dojo Rules (1-21) Codes of Karate Count (1-100) History Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata Ku San Ku Kata Start San Su Kata	Terminology Dojo Rules (1-21) Codes of Karate Count (1-100) History Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata Ku San Ku Kata San Su Kata Sanchin Kata
Forward Break Fall	Side Fall Forward Break Fall	Front Fall Side Fall Forward Break Fall	Front Fall Side Fall Forward Break Fall Back Fall	Front Fall Side Fall Forward Break Fall Back Fall	Front Fall Side Fall Forward Break Fall Back Fall	Front Fall Side Fall Forward Break Fall Back Fall	Front Fall Side Fall Forward Break Fall Back Fall	Front Fall Side Fall Forward Break Fall Back Fall
Sho-bu Di Ichi (1)	Sho-bu Di Ichi (1-4) Sho-bu Di Ni (1)	Sho-bu Di Ichi (1-6) Sho-bu Di Ni (1-2) Sho-bu Knife (1)	Sho-bu Di Ichi (1-10) Sho-bu Di Ni (1-3) Sho-bu Knife (1-2)	Sho-bu Di Ichi (1-12) Sho-bu Di Ni (1-4) Sho-bu Knife (1-3)	Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-6) Sho-bu Knife (1-4)	Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-9) Sho-bu Knife (1-6)	Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-9) Sho-bu Knife (1-6)	Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-9) Sho-bu Knife (1-6)
12 Step Kumite (1-2)	12 Step Kumite (1-5) Both Sides	12 Step Kumite (1-8) Both Sides	12 Step Kumite Both Sides	12 Step Kumite Both Sides Offense & Defense	12 Step Kumite Both Sides Offense & Defense	12 Step Kumite Sho-bu Kumite Multiple Attack Routine 1 Both Sides Offense & Defense	12 Step Kumite Sho-bu Kumite Multiple Attack Routine 1 Multiple Attack Routine 2 Both Sides Offense & Defense	12 Step Kumite Sho-bu Kumite Multiple Attack Routine 1 Multiple Attack Routine 2 Both Sides Offense & Defense
	Pivot Kick Routine	Pivot Kick Routine Dachi Kata Di Ichi	Pivot Kick Routine Dachi Kata Di Ichi Geri Waza Di Ichi	Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni	Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni	Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni	Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni	Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni
	Ippon Kumite	Ippon Kumite She Ho Kumite	Ippon Kumite She Ho Kumite	Ippon Kumite She Ho Kumite Randori Kumite	Ippon Kumite She Ho Kumite Randori Kumite	Ippon Kumite She Ho Kumite Randori Kumite	Ippon Kumite She Ho Kumite Randori Kumite	Ippon Kumite She Ho Kumite Randori Kumite
	Wrist Lock Arm Bar Head Lock	Wrist Lock Arm Bar Head Lock	Wrist Lock Arm Bar Head Lock	Wrist Lock Arm Bar Head Lock	Wrist Lock Arm Bar Head Lock	Wrist Lock Arm Bar Head Lock	Wrist Lock Arm Bar Head Lock	Wrist Lock Arm Bar Head Lock

*with 2 strips