

Basic Testing Requirement Guidelines

* all colored belts must compete in at least 1 tournament a year

White Belt*	Yellow Belt	Orange Belt	Green Belt	Blue Belt	Purple Belt	Brown Belt		
<p style="text-align: center;"><u>Ku Kyu</u></p> Terminology Dojo Rules (1-2) Count (1-10) Basics Pinon 1	<p style="text-align: center;"><u>Hachi Kyu</u></p> Terminology Dojo Rules (1-5) Codes (1) Count (1-20) Basics Pinon 1 & 2 Seisan Kata Side Fall Forward Break Fall Sho-bu Di Ichi (1-4) Sho-bu Di Ni (1) 12 Step Kumite (1-5) Both Sides Pivot Kick Routine Ippon Kumite Wrist Lock Arm Bar Head Lock	<p style="text-align: center;"><u>Shichi Kyu</u></p> Terminology Dojo Rules (1-10) Codes (1-2) Count (1-30) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Front Fall Side Fall Forward Break Fall Sho-bu Di Ichi (1-6) Sho-bu Di Ni (1-2) Sho-bu Knife (1) 12 Step Kumite (1-8) Both Sides Pivot Kick Routine Dachi Kata Di Ichi Ippon Kumite She Ho Kumite Wrist Lock Arm Bar Head Lock	<p style="text-align: center;"><u>Roku Kyu</u></p> Terminology Dojo Rules (1-13) Codes (1-3) Count (1-40) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Front Fall Side Fall Forward Break Fall Back Fall Sho-bu Di Ichi (1-10) Sho-bu Di Ni (1-3) Sho-bu Knife (1-2) 12 Step Kumite Both Sides Pivot Kick Routine Dachi Kata Di Ichi Geri Waza Di Ichi Ippon Kumite She Ho Kumite Wrist Lock Arm Bar Head Lock	<p style="text-align: center;"><u>Go Kyu</u></p> Terminology Dojo Rules (1-15) Codes (1-4) Count (1-60) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Front Fall Side Fall Forward Break Fall Back Fall Sho-bu Di Ichi (1-12) Sho-bu Di Ni (1-4) Sho-bu Knife (1-3) 12 Step Kumite Both Sides Offense & Defense Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni Ippon Kumite She Ho Kumite Randori Kumite Wrist Lock Arm Bar Head Lock	<p style="text-align: center;"><u>Yon Kyu</u></p> Terminology Dojo Rules (1-21) Codes (1-6) Count (1-80) Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata Front Fall Side Fall Forward Break Fall Back Fall Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-6) Sho-bu Knife (1-4) 12 Step Kumite Both Sides Offense & Defense Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni Ippon Kumite She Ho Kumite Randori Kumite Wrist Lock Arm Bar Head Lock	<p style="text-align: center;"><u>San Kyu</u></p> Terminology Dojo Rules (1-21) Codes of Karate Count (1-100) History Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata Ku San Ku Kata Front Fall Side Fall Forward Break Fall Back Fall Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-9) Sho-bu Knife (1-6) 12 Step Kumite Sho-bu Kumite Multiple Attack Routine 1 Both Sides Offense & Defense Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni Ippon Kumite She Ho Kumite Randori Kumite Wrist Lock Arm Bar Head Lock	<p style="text-align: center;"><u>Ni Kyu</u></p> Terminology Dojo Rules (1-21) Codes of Karate Count (1-100) History Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata Ku San Ku Kata Start San Su Kata Front Fall Side Fall Forward Break Fall Back Fall Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-9) Sho-bu Knife (1-6) 12 Step Kumite Sho-bu Kumite Multiple Attack Routine 1 Multiple Attack Routine 2 Both Sides Offense & Defense Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni Ippon Kumite She Ho Kumite Randori Kumite Wrist Lock Arm Bar Head Lock	<p style="text-align: center;"><u>Ik Kyu</u></p> Terminology Dojo Rules (1-21) Codes of Karate Count (1-100) History Basics Pinon 1 & 2 Seisan Kata Seiunchin Kata Nahanchi Kata Wansu Kata Chinto Kata Ku San Ku Kata San Su Kata Sanchin Kata Front Fall Side Fall Forward Break Fall Back Fall Sho-bu Di Ichi (1-14) Sho-bu Di Ni (1-9) Sho-bu Knife (1-6) 12 Step Kumite Sho-bu Kumite Multiple Attack Routine 1 Multiple Attack Routine 2 Both Sides Offense & Defense Pivot Kick Routine Dachi Kata Di Ichi Dachi Kata Di Ni Geri Waza Di Ichi Geri Waza Di Ni Ippon Kumite She Ho Kumite Randori Kumite Wrist Lock Arm Bar Head Lock

*with 2 stripes